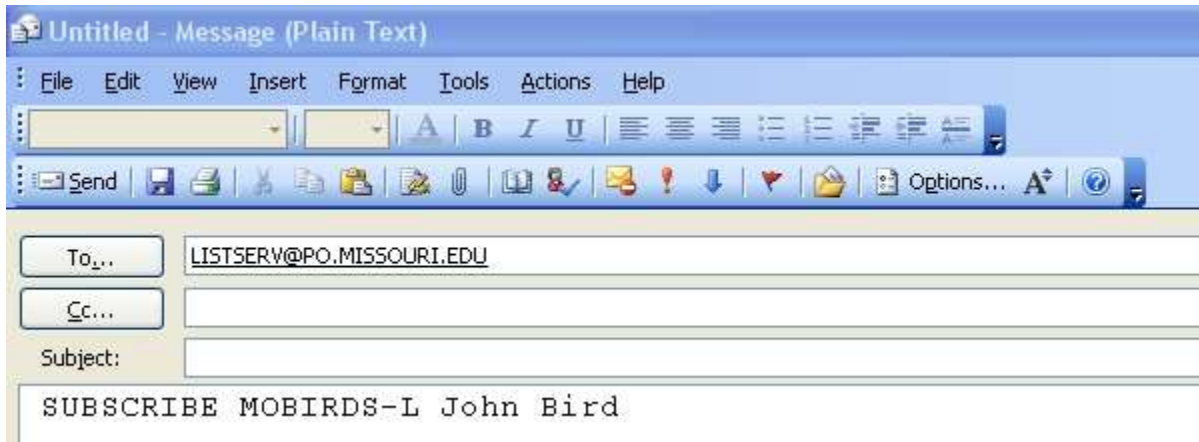
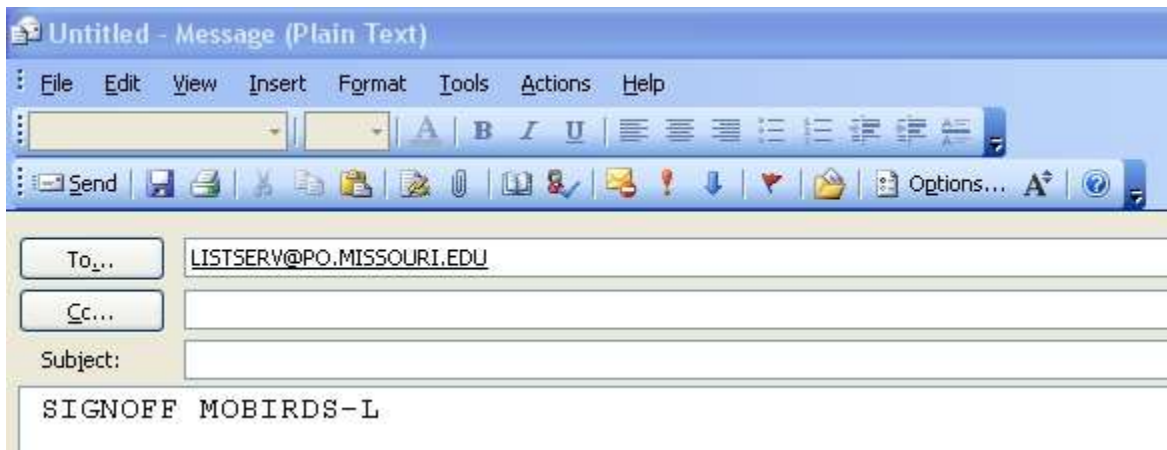


To JOIN the listserve. Note the use of the SUBSCRIBE command followed by the list MOBIRDS-L followed by the name of the individual John Bird.



The image below shows a fictitious individual sending the UNSUBSCRIBE command to LEAVE the listserve. Note the use of the UNSUBSCRIBE command followed by the list MOBIRDS-L. There should be NOTHING after the list name.



The image below shows a fictitious individual sending the NOMAIL command to temporarily SUSPEND receiving messages from the listserve.

